

**IAAF World Championships in Athletics
Osaka, Japan 25 August - 2 September 2007
Entry Standards - Men**

Event	A	B
100 Metres	10.21	10.28
200 Metres	20.59	20.75
400 Metres	45.55	45.95
800 Metres	1:45.40	1:46.60
1500 Metres	3:36.60	3:39.00
5000 Metres	13:21.50	13:28.00
10,000 Metres	27:49.00	28:06.00
Marathon	2:18:00	
3000 Metres Steeplechase	8:24.60	8:32.00
110 Metres Hurdles	13.55	13.62
400 Metres Hurdles	49.20	49.80
High Jump	2.30m	2.27m
Pole Vault	5.70m	5.60m
Long Jump	8.20m	8.05m
Triple Jump	17.10m	16.70m
Shot Put	20.30m	19.70m
Discus Throw	64.50m	62.50m
Hammer Throw	78.50m	74.00m
Javelin Throw	81.00m	77.80m
Decathlon	8000pts	7700pts
20 Kilometres Race Walk	1:23:00	1:24:30
50 Kilometres Race Walk	4:00:00	4:07:00
4x100 Metres Relay	39.00	
4x400 Metres Relay	3:03.30	

**IAAF World Championships in Athletics
Osaka, Japan 25 August - 2 September 2007
Entry Standards - Women**

Event	A	B
100 Metres	11.30	11.40
200 Metres	23.10	23.30
400 Metres	51.50	52.30

800 Metres	2:00.00	2:01.30
1500 Metres	4:06.50	4:10.00
5000 Metres	15:08.70	15:24.00
10,000 Metres	31:40.00	32:00.00
Marathon	2:42:00	
3000 Metres Steeplechase	9:48.00	9:58.00
100 Metres Hurdles	12.96	13.11
400 Metres Hurdles	55.60	56.50
High Jump	1.95m	1.92m
Pole Vault	4.45m	4.30m
Long Jump	6.70m	6.60m
Triple Jump	14.20m	14.00m
Shot Put	18.30m	17.30m
Discus Throw	61.00m	59.00m
Hammer Throw	69.50m	67.00m
Javelin Throw	61.00m	59.00m
Heptathlon	6000pts	5800pts
20 Kilometres Race Walk	1:33:30	1:38:00
4x100 Metres Relay	43.90	
4x400 Metres Relay	3:31.00	

Entry Rules

- Each Member is entitled to enter two, three or four competitors per event, as follow: - 1, 2, 3 or 4 athletes with "A" standard; - 1 athlete with the "B" and 1, 2 or 3 athletes with the "A" standard ; in both cases a maximum of three athletes will be allowed to compete.
- Each Member is entitled to enter two competitors per event who have both reached the "B" standard for that event but only one will be permitted to compete
- Members who have no male and/or no female qualified athletes whom they wish to enter in any event may enter one unqualified male athlete and/or one unqualified female athlete in one event except the 10,000m, 3000m Steeplechase and the Combined Events.
- The acceptance of unqualified entries in the Field Events is at the discretion of the Technical Delegates.
- If Japan, as host country, has no qualified athlete (or relay team) in any event of the Championships, it is entitled to enter 1 athlete (or one relay team) regardless of the entry standard.

- In the Relays, Member Federations can enter up to 6 athletes; these must include all athletes (up to the 4th reserve) eventually entered in the respective individual events (100m and 400m).
- In addition to the above, Member Federations are entitled to enter the Reigning World Champion regardless of whether he/she has achieved the corresponding entry standard.

Conditions

1. Performances must be achieved during the qualification period of 1 January 2006 (1 September 2005 for the Marathons, Race Walking and Combined Events) to 13 August 2007 (midnight Monaco time).
2. Performances must be achieved during competitions organised or authorised by the IAAF, its Area Associations or its National Member Federations. Thus, results achieved at university or school competitions must be certified by the National Federation of the country in which the competition was organised. (for Walking events, relays and marathon, see hereunder).
3. Performances must be achieved during official competitions organised in conformity with IAAF Rules.
4. Performances achieved in mixed events between male and female participants, held completely in the Stadium, will not be accepted.
5. Wind-assisted performances will not be accepted
6. Hand-timed performances in 100m, 200m, 400m, 110m/100m Hurdles, 400m Hurdles and 4x100m Relay will not be accepted.
7. Indoor performances for all field events and for races of 400m and longer, will be accepted.
8. Lower ages limit:
 - Junior athletes (any athlete aged 18 or 19 years on 31 December 2007) may compete in any event except the Marathon Races and the 50Km Race Walk Men.
 - Youth athletes (any athlete aged 16 or 17 years on 31 December 2007) may compete in any event except Throws, Decathlon, 10,000m, Marathon and Race Walking.
 - Athletes younger than 16 years on 31 December 2007 CANNOT be entered in any event.
9. Walking Events
 - Entry Standard for the Walking Events may only be achieved at selected competitions.

- For 2006, the list of athletes who have already achieved the Entry Standard at such competitions is available by clicking [here](#).
- For 2007, the list of selected competitions is available by clicking [here](#).

10. Marathons:

- Entry Standard for the Marathon Events may only be achieved at selected Marathon Races.
- The lists of such races, which are separate for 2006 and for 2007, are available by clicking [here for 2006](#) and [here for 2007](#).
- In addition, the first 20 (men & women) of the Berlin, Boston, Chicago, London and New York City Marathons, will be considered as having achieved the "A" standard.

11. Relays:

- Entry Standard for the Relays may only be achieved at selected competitions.
- For 2006, the list of National Teams that have already achieved the Entry Standard at such competitions is available by clicking [here](#).
- For 2007, the list of selected competitions is available by clicking [here](#).